

ARIZONA parenting

ARIZONA'S COMPLETE FAMILY RESOURCE

Monday 10

com » **Press Pause to Connect, Parent Seminar:** Dr. Lisa will offer guidance on how to set boundaries for children while providing tips to help define the rules for pressing pause in order to keep family members connected with one another. Parents are welcome to attend the full seminar series which will run the second Monday of every month. Free, but registration is required due to limited seating, email DrLisa@technologywellnesscenter.com to reserve your spot. 6:30-7:30pm. LifeScape Medical Associates, 8757 E Bell Rd., Scottsdale. 480-220-4702. technologywellnesscenter.com